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*The Classic Arabian Treatise
on Physical Love*

The Perfumed Garden

of the Shaykh Nefzawi

translated by

Sir
Richard
Burton

**FIRST
AMERICAN
EDITION**

THE PERFUMED GARDEN

"The contents of *The Perfumed Garden* are similar to those of the *Kama Sutra*. . . . Both of them discuss human sexual activity reverentially and consider it to be a natural and necessary facet in the divine design. . . .

"It might aptly be described as the Arabic predecessor to the distinguished textbook on sexual technique, *Ideal Marriage* by Dr. Th. Van de Velde, which has become one of the standard medical manuals of the West. . . .

"Although such modern treatises lack the religious basis of the *Garden* and are less complex and varied, but equally scientific in their approach, their aims are similar to those of the Oriental authors: Instruction for the sake of the stability of marriage and the maintenance of psychologic health; instruction for the avoidance of neurosis and the procreation of healthy children; instruction for the promotion of a physical and emotional satisfaction with life, which will produce men and women fully and happily productive in the sphere of their employment, and in the upbringing of their children. . . .

"The erotic atmosphere of the *Garden* is, in fact, that of *The Song of Solomon*—or even that of *The Ecstasy of Donne*."

—from the Introduction by ALAN HULL WALTON

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